

March 2014

Hi Lites of

Lutheran Manor





Welcome New Residents

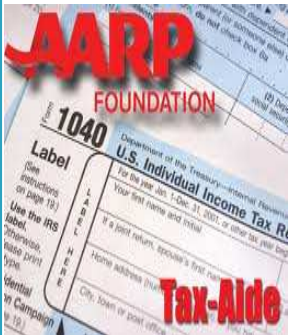
Calvin Heacock 617
Joanne Dryer 417

March 1	(Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
March 1	(Saturday)	Pinochle Party	12:30 p.m.	Lounge
March 4	(Tuesday)	Fastnacht Day	8:30 a.m.	Lounge
March 5	(Wednesday)	Ash Wednesday	9:00 a.m.	Patio
March 5	(Wednesday)	Computer Class	1:00 p.m.	Comp Room
March 6	(Thursday)	Speaker-Pizza Party (sign up required)	2:00 p.m.	Lounge
March 7	(Friday)	Rent Rebate (sign up required)	9:00 a.m.	Lounge
March 9	(Sunday)	St. Patty's Party (sign up required)	5:00 p.m.	Lounge
March 10	(Monday)	Committee Meeting	1:30 p.m.	Conf Room
March 11	(Tuesday)	General Meeting (10th floor responsible for snacks)	2:00 p.m.	Lounge
March 12	(Wednesday)	Massage by Appointment	9:00 a.m.	Lounge
March 14	(Friday)	Second Harvest-Food Delivery Box	11:00 a.m.	Patio
March 15	(Saturday)	Soup & Hot Dogs	11:00 a.m.	Lounge
March 18	(Tuesday)	Paint to the Sounds of Music (sign up required)	1:30 p.m.	Lounge
March 19	(Wednesday)	Computer Class	1:00 p.m.	Comp Room
March 19	(Wednesday)	Birthday Party	5:00 p.m.	Lounge
March 20	(Thursday)	<i>DVD -The Three Tenors in Concert</i>	10:00 a.m.	Lounge
March 23	(Sunday)	Social	5:00 p.m.	Lounge
March 25	(Tuesday)	Speaker-Trivia Games	2:00 p.m.	Lounge
March 26	(Wednesday)	AARP-Taxes (sign-up required)	1:00 p.m.	Lounge
March 29	(Saturday)	All You Can Eat Breakfast (sign up)	8:30 a.m.	Lounge
March 31	(Monday)	Therapy Dog visit	11:00 a.m.	Lounge

Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Chat Room	Every Thursday	10 a.m.	Patio
Walkers Club	Every Friday (Resume in April)	2 p.m.	Outside
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge
Yarns Around	Every Sunday	1:30 p.m.	Patio

APRIL EVENTS

Saturday	4/05	Coffee & Donuts		9:00 a.m.
Saturday	4/05	Pinochle Party		12:30 p.m.
Sunday	4/06	Spring Dinner		5:00 p.m.
Saturday	4/19	Soup & Hot Dogs	Robin & Jim	11:00 a.m.
Saturday	4/26	Social	Bill Murray	5:00 p.m.



AARP Tax Preparation

The AARP Income Tax Volunteers will be here to provide **free** income tax preparation, and rent rebates.



Wednesday, March 26

1:00 p.m.—4:30 p.m.

If you have any questions on what paperwork to bring to the appointment, please make sure to stop by Claudie's office.

If you are interested in getting your rent rebate & taxes done **you must sign up** for an **appointment.**



Claudie's



Corner



PIZZA PARTY

Sandra Figueroa from *Senior Life* will be here on Thursday, March 6 at 2 p.m. in the Lounge to inform you about all the Services that *Senior Life* provides. Healthcare Solutions for Seniors Living at Home. You do not want to miss this presentation.



Pizza and refreshments will be provided.

Please **sign-up** with Claudie.

TRADITIONS of HANOVER At Home



Come out and have some fun playing

Trivia Games.

Tuesday, March 25th @ 2 p.m.

In the Lounge

Refreshments will be served!

Paint to the Sounds of Music

We will be doing Portraits of Famous People in



Pat Delluva will be here on **Tuesday, March 18th** at **1:30 p.m.**, in the Lounge.

Come and have fun doing portraits of famous people. If you would like to attend this class

please sign-up with Claudie.



Daylight Savings Time Begins

March 9th





All the ladies are doing an **outstanding job** in the weight loss challenge.

Thank you for bringing us delicious healthy snacks.

“You must begin to think of yourself as becoming the person you want to be.- David Viscott”



BIRTHDAY PARTY!

Wednesday, March 19

Cake and Coffee at 5 p.m.

6 p.m. Entertainment by: Glen Miller

Coordinator: Shirley Kern



The Snack Stand

Snacks available every Monday & Wednesday From 3-6 p.m. In the Lounge



Computer Class

If you are new to Lutheran Manor, and would like to use our computer lab, **you must attend an initial computer class** with Nancy.

Wednesday, March 5

Topic: New Tenants Class

Wednesday, March 19

Topic: Searching the internet

1 p.m. – 3 p.m.

See Claudie to sign up for classes



TAI CHI

Every Friday, 12:30 p.m.

Patio

Come and join the fun!

Soup & Hot Dogs

Saturday,

March 15th

11 a.m. to 2 p.m.



- SOUP: Ham & Bean \$2.50
- HOT DOGS: Plain, Sauerkraut, or Chili \$1.50
- RED BEET EGGS: .50
- DESSERT: Ice Cream & Strawberries \$2.50
- SODA OR COFFEE: \$1.00

Entertainment:

Country Jades

50/50 Drawing



Massage Therapy
Relax, Heal, and Rejuvenate

MASSAGE THERAPY

Wednesday, March 12th
9:00-4:30

If you are interested in getting a massage, please sign up in Claudie's office.

Price: \$20.00 1/2 hour \$40.00 1 hour



Yarns Around

will be delivering five (5) more lap robes to the VA Outpatient Clinic in Allentown.



Coffee & Donuts

Saturday, March 1st

9:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donut

Friends and Family



Walkers Club

will be taking a



We will resume in **April 2014.**

Maybe?



Therapy Dog Visit

Monday, March 31st

11 a.m.

Lounge



Did you know that just being around a dog or petting a dog can lower blood pressure?



Zumba Fitness

Come have fun, get in shape & move to the music. You can participate **sitting and/or standing in place.** You decide. Stop by and check it out for yourself.

Every Tuesday @10:00 AM Lounge





SOCIAL

Sunday, March 23rd
4 p.m. Doors open
5 p.m. Refreshments
6 p.m. Entertainment

Entertainment by:

Steel City

Good Will Offering



Light Refreshments



FASTNACHT DAY

**Tuesday, March 4th
8:30 a.m.—9:30 a.m.**

In the Lounge

\$1.00 for Coffee

\$1.00 for Fastnacht

6 for \$5.00

*Join us as we enjoy a
tasty **Fastnacht** before
the start of Lent.*



The Men's Bathroom Is Shut Down

Starting Tuesday, Feb 25th
for approximately 10 days
while we renovate.

Please use the **Ladies restroom**.



Spring Bazaar

It's not too early to start
thinking about the
Spring Bazaar.

Saturday, May 3rd

If you are interested in
helping out please contact
Ken Clifford, Apt #610.

Seats are still available please sign up with Claudie.

Presents



This hilarious play centers on Mrs. Piper, a charmingly nose cleaning woman who lives in the basement of the office building she cleans and where, one night, she finds a dead body. By the time the police arrive, there is no body and no evidence of any foul play and the whole thing is chalked up to Mrs. Piper's imagination. But the cleaning woman won't give up, so Detective Harry Baxter, not only has to battle his raging head cold, but the busybody Mrs. Piper, who tries to help solve the mystery with suggestions, theories and finally, her own investigation. There are false alarms, twists and surprises, and everyone is a suspect in this wildly madcap comedic ride! Don't miss this one-of-a-kind, laugh-filled whodunnit!

Who will solve the mystery first: Detective Baxter, Mrs. Piper, or YOU?

Monday, April 28, 2014

Time: 11:30 a.m.

Cost: \$55.00

The cost includes lunch, gratuity, and matinee



Spring begins March 20th





ALL YOU CAN EAT BREAKFAST

Saturday, March 29th

8:30 a.m.

In the Lounge

\$7.00 per person

No Guests

No take outs



ALL YOU CAN EAT BREAKFAST

Saturday, March 29th

Place slip in a sealed envelope along with cash payment and slide it under Marge Bachemin's door Apt #705.



Name: _____ Apt# _____

Phone: _____

Deadline for reservations is Sunday, March 23rd. No exceptions.



ST. PATTY'S Party



Sunday, March 9, 2014
5 p.m. in the Lounge
(Doors open at 4 p.m.)

COST:
\$10 for residents
\$12 for Guest (limit 2)

Entertainment by:
The Musical Stylings
of Dan Yads, Vocalist

Platter Served

Menu:

- Stuffed Chicken Breast
- Parsley Potatoes
- Peas & Carrots
- Dressing
- Salad w/Assorted Dressings
- Rolls w/Butter
- Dessert
- Coffee or Tea
- Soda—\$1.00



50/50 Draw

3 for \$1.00

Coordinator: Ronnie Clifford

St. Patty's Party

Sunday, March 9, 2014

Place slip in a sealed envelope along with cash payment
and slide it under Marge Bachemin's door Apt #705.



Name: _____ Apt# _____

Phone: _____ # of Guests _____

Deadline for reservations is Wednesday, March 5th.



CHAPLAIN'S PAGE

One evening, an elderly Cherokee brave told his grandson about a battle that goes on inside people.

He said "my son, the battle is between two 'wolves' inside us all.

One is evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is good. It is joy, peace love, hope serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith." The grandson thought about it for a minute and then asked his grandfather:

"which wolf wins?..."

the old Cherokee simply replied, "the one that you feed."

The One I feed. And there it is. That is as good an explanation of what happens in Lent as I can imagine. Faith can only grow - and grow strong - as we feed it! Lent is a time to nourish our Faith in Christ. This is our time to cultivate the Spirit of Obedience, and Faith... the Spirit of love, joy, peace, patience, kindness, self-control, and humility. And the wonder – the irony – of this sort of Lenten nourishment is that – as the battle rages yet again, we find that our shriveled souls have changed – and enlarged, and that He has more room to make His Home within us. We discover that our battle was never meant to be ours alone... but that He is with us, and protecting us throughout. And, we look around to see that our house is becoming His Home... Amazingly, we come to know that, all along, it was not we who were feeding Him, but He who was feeding us.

We each have two wolves within, and the story of your battle and mine depends upon which wolf we feed, and which wolf we invite to feed us. Your Savior awaits you. Come ... and be fed by the only One who can win the war for your eternal life. *Lord Have Mercy and Thanks be to God!*

-Chaplain Clark

WORSHIP IN MARCH- 2PM- IN THE LOUNGE (except Ash Wednesday)

Tues. 4th **Rev. Jason Stokes**, Notre Dame RC Church, Bethlehem

ASH WED- March 5th. 9 am – Patio – **Chaplain Clark Kuntz**

Thurs.13th **Rev Tony Pompa**, Cathedral Church of the Nativity,

Episcopal, Bethlehem

Thurs. 20th **Rev. Donald Esslinger**, UCC, Retired

Thurs. 27th **Rev. Larry Burd**, Calvary Baptist Church, Easton



BIBLE STUDY- Every Monday at 1 pm in the Patio. We are studying the Gospel of Luke.

CHAT ROOM- Every Thursday at 10 am in the Patio. Come. Enjoy. Meet new friends!



IMPOSITION OF ASHES on ASH WEDNESDAY, March 5th at 9 am in the Patio.

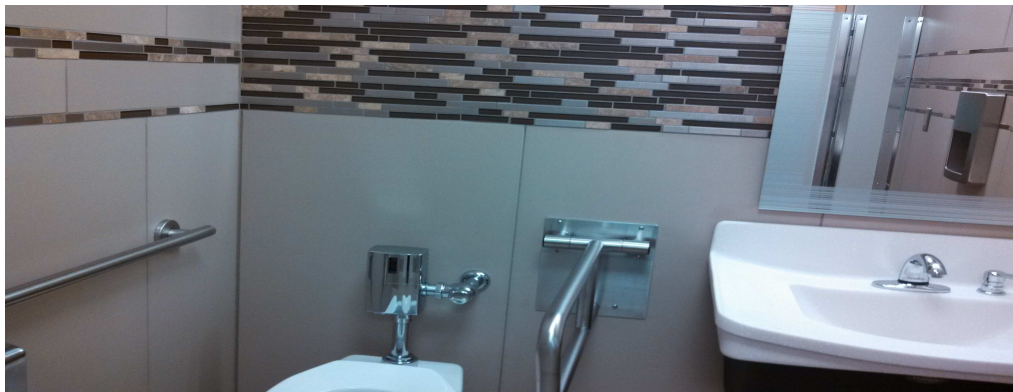
THE THREE TENORS DVD CONCERT on Thursday, March 20th at 10 am in the Lounge. Sponsored by the Chatroom. (More info elsewhere in this *HiLites*)



**THE THREE TENORS IN
CONCERT (DVD)- THURSDAY,
MARCH 20th - 10 AM
IN THE
LOUNGE**

The Three Tenors is a name given to the Spanish singers Plácido Domingo and José Carreras and the late Italian singer Luciano Pavarotti who sang in concert under this banner during the 1990s and early 2000s. The trio began their collaboration with a performance in Rome, Italy, on 7 July 1990 – the eve of the 1990 FIFA World Cup Final. Zubin Mehta conducted the orchestra of Maggio Musicale Fiorentino and the orchestra of Teatro dell'Opera di Roma. On Thursday, March 20th, 10-11:15AM, we will enjoy a sampling of their concert with a DVD program in the Lounge here at Lutheran Manor. The Three Tenors repertoire ranges from opera to [Broadway](#) to [Neapolitan songs](#) and pop hits. The group's signature songs includes "[Nessun dorma](#)" from [Puccini's](#) opera [Turandot](#), usually sung by Pavarotti, and the ballad "[O Sole Mio](#)", which all three tenors typically sing together.

This event is sponsored by the Lutheran Manor Chat Room



The [Ladies Bathroom](#) looks FANTASTIC!

**We would like to Thank Dave & his team at Bath Access,
for the **OUTSTANDING JOB!!****



Van Trips



April 2014

DATE		TRIP	TIME
April 1	(Tuesday)	Lunch @ Doughboys	11:00 a.m._____
April 3	(Thursday)	Banks, CVS, \$ Store, Post Office	9:30 a.m._____
April 4	(Friday)	Breakfast/Valley Farms	9:30 a.m._____
April 9	(Wednesday)	Giant	9:30 a.m._____
April 10	(Thursday)	Tri-Boro Spaghetti Night	4:45 p.m._____
April 14	(Monday)	Weis	9:30 a.m._____
April 15	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m._____
April 16	(Wednesday)	Lunch/Movie at Carmike	10:45 a.m._____
April 17	(Thursday)	Senior Festival @ AG Hall	10:00 a.m._____
April 18	(Friday)	Dinner @ Red Lobster Restaurant	4:00 p.m._____
April 21	(Monday)	Wegmans	9:30 a.m._____
April 23	(Wednesday)	Dinner@The Palace Diner Restaurant	4:45 p.m._____
April 25	(Friday)	Allentown Farmers Market/Lunch	10:00 a.m._____
April 28	(Monday)	Hunterdon- Busybody Luncheon Matinee Cost: \$55.00	10:00 a.m._____
April 30	(Wednesday)	Leesport Farmers Market/Lunch	8:30 a.m._____



Please fill out the form and I will meet you at the Lounge after 9 a.m. on the first day of the month to collect.
Thank you!

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

MARCH 2014



Sun Mon Tue Wed Thu Fri Sat

<p>2 1:30 Yarns Around</p>	<p>3 10:00 Exercise 1:00 Bible Study 6:00 Bingo</p>	<p>4 8:30 Fastnacht Day 10:00 Zumba 2:00 Rev Jason Stokes, Notre Dame RC</p>	<p>5 9:00 Ash Wed 10:00 Exercise 1:00 Computer Class</p>	<p>6 10:00 Chat Room 2:00 Speaker—Pizza Party</p>	<p>7 9:00 Rent Rebates 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>8</p>
<p>9 5:00 St. Patty Party</p>	<p>10 10:00 Exercise 1:00 Bible Study 1:30 Committee Mtg 6:00 Bingo</p>	<p>11 10:00 Zumba 2:00 General Meeting</p>	<p>12 9:00 Massage by Appointment 10:00 Exercise</p>	<p>13 10:00 Chat Room 2:00 Rev Tony Pompa, Cathedral Church of the Nativity, Episcopal</p>	<p>14 10:00 Yoga 11:00 Second Harvest Food Delivery 12:30 Tai Chi</p>	<p>15 11:00 Soup & Hot Dogs</p>
<p>16 1:30 Yarns Around</p>	<p>17 10:00 Exercise 1:00 Bible Study</p>	<p>18 10:00 Zumba 1:30 Paint to the Sounds of Music</p>	<p>19 10:00 Exercise 1:00 Computer Class 5:00 Birthday Party</p>	<p>20 10:00 DVD <i>The Three Tenors in Concert</i> 2:00 Rev Donald Esslinger, UCC, Retired</p>	<p>21 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>22</p>
<p>23 1:30 Yarns Around 5:00 Social</p>	<p>24 10:00 Exercise 1:00 Bible Study 6:00 Bingo</p>	<p>25 10:00 Zumba 2:00 Speaker— Trivia Games</p>	<p>26 10:00 Exercise 1:00 AARP Tax Preparation</p>	<p>27 10:00 Chat Room 2:00 Rev Larry Burd, Calvary Baptist Church</p>	<p>28 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>29 8:30 All You Can Eat Breakfast</p>
<p>30 1:30 Yarns Around</p>	<p>31 10:00 Exercise 11:00 Therapy Dog 1:00 Bible Study 6:00 Bingo</p>					